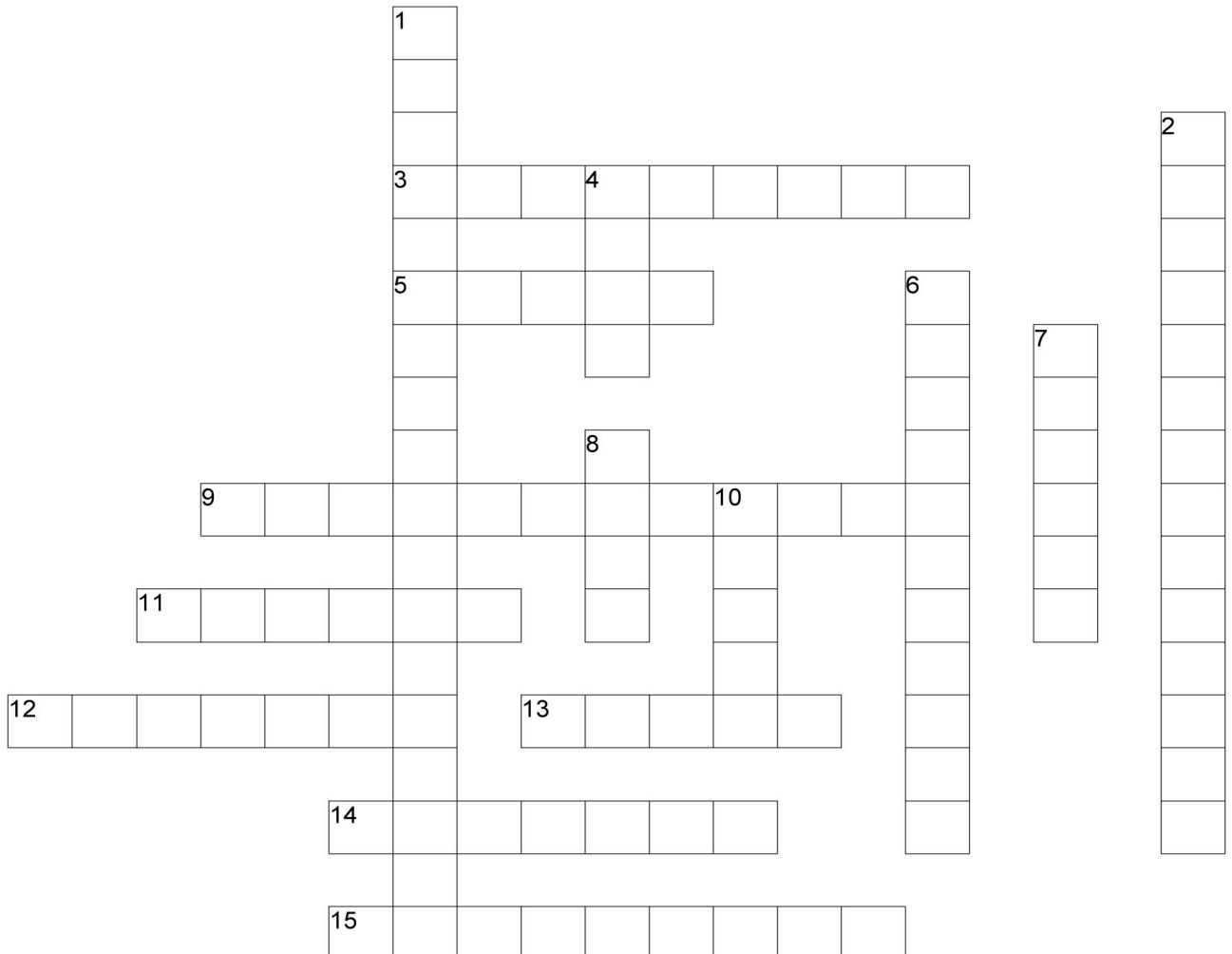


Name: \_\_\_\_\_

## All about Tachiwaza



**Across**

- 3. Major inside sweep
- 5. \_\_\_\_\_ seoi nage
- 9. Randori means
- 11. Major hip throw
- 12. 2 \_\_\_\_\_ equal an ippon
- 13. Koshi guruma means hip \_\_\_\_\_
- 14. The word used for breaking balance
- 15. Major outside sweep

**Down**

- 1. Nage waza
- 2. 8 directions of off balancing
- 4. 'Gake' means to \_\_\_\_\_
- 6. Shiai means
- 7. Ground techniques
- 8. The word 'sweep' can be translated to
- 10. There are \_\_\_\_\_ elements to a throw

Free Practice    Competition    Uchigari    Wheel    gari    Hook  
 Kuzushi    Three    Osoto gari    Ogoshi    Happo no Kuzushi  
 Throwing techniques    newaza    wazaari    Ippon